

Who Are Pavilions?

Pavilions is the new Adult Drug & Alcohol Service for Brighton & Hove that launched on 1st April 2015.

Pavilions brings together a range of partners with proven expertise, creative minds and a shared desire to re-shape drug and alcohol treatment and recovery services in Brighton & Hove.

The partnership is led by Cranstoun in partnership with Surrey & Borders NHS Partnership Foundation Project, Equinox, Brighton Oasis Project, YMCA Downslink Group and Cascade Creative Recovery.

From April until late summer, we will be running family & carer services from 1 Whitehawk Way and 9 The Drive (Hove). After that we will be moving to new premises, but in the meantime you can easily access help by calling our 24 hour helpline below.

You can also download helpful resources from our new website.

Freephone 0800 014 9819

www.pavilions.org.uk

 **@Pavilions_org**


**Brighton & Hove
City Council**

Service Commissioned
by Brighton & Hove City
Council

Does someone you care about struggle with drugs or alcohol?

**Pavilions can
support you.
Call us on
0800 014 9819.**



#You don't have to go through this alone

Families & Carers Service

Support for those affected by
another's drug or alcohol abuse

What is the Families & Carers Service?

At Pavilions we understand how deeply families, friends and carers can be affected by the substance misuse of those they care about, so we offer support services for them, or anyone in the local community experiencing the effects of someone else's drug or alcohol problems.

It is not easy to overcome drug or alcohol dependency, but people can and do recover. Family, friends and carers can be a vital avenue of support for users and can provide the hope and inspiration that they need to turn their lives around. But often, the family cannot do it alone. That's where support services like ours, dedicated to helping the families of substance users, comes in. Here you can meet other people going through similar experiences and get the support you need from our experienced staff.

Our Services Include:

- Pavilions Freephone, 24 hours a day - 0800 014 9819
- Free & confidential support
- Advice, information and support
- Support Groups
- Outreach Support
- One-to-one support
- Counselling
- Relationship Counselling
- Structured Education Groups

How To Contact Us

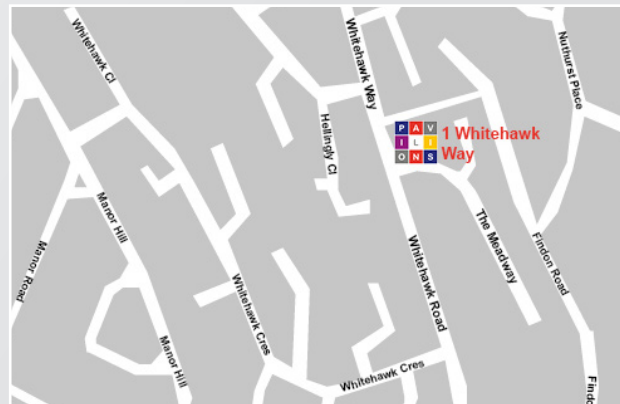
Anyone can call the Pavilions freephone number 0800 014 9819, for information and advice, 24 hours a day.



You can also email us directly at:
familyandcarers@pavilions.org.uk

We'll be running the Families & Carer's Service from 2 sites (1 Whitehawk and 9 The Drive), so you can also ring these offices directly using the contact numbers below.

When you contact us we can discuss your specific situation and work with you to find the best solution. We can offer you a range of support options, further information and referrals to other services.



1 Whitehawk Way, Brighton, BN2 5NP
t: 01273 574 100

How Can we Help?

Advice, Support & Information on a range of issues.

Referrals to other services which can help both families, friends, carers and the substance misuser.

Support Groups for families, friends and carers of substance misusers.

Outreach Support through home visits.

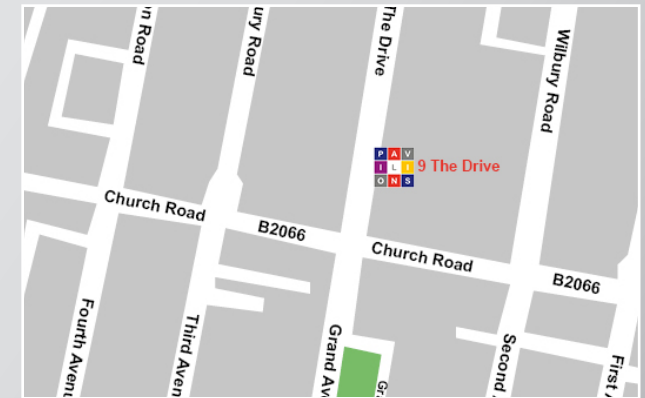
Training for families, friends and carers around basic counselling, communication skills, first aid, overdose prevention and basic drug & alcohol awareness training.

One-to-one support in a safe environment.

Confidential Counselling for families, friends & carers.

Relationship Counselling for any two people affected by drug or alcohol use.

Structured Education Groups offering knowledge and awareness around common issues for families, friends & carers.



9 The Drive, Hove, BN3 3JE
t: 01273 680 714