



Care at Home service

Only available in the
Brighton & Hove area

Offering flexible care and support to ensure you remain independent in your home, or provide respite to carers



Our Care at Home services can support you in everyday life and help you live comfortably at home.

We offer a range of paid for services to support individuals with a variety of care needs. Whether you require personal care, assistance with daily tasks, or simply companionship, our team is here to help. We tailor our services to your needs, ensuring you or your loved ones remain comfortable and cared for.

Our flexible care services include:

- Assistance with washing, dressing, and personal care
- Help with medication and reminders
- Carer respite visits – support for your loved ones while you take time for yourself
- Companionship – activities and conversation to combat loneliness
- Ad hoc support with travel to community activities, medical appointments, and more
- Assistance with daily admin tasks such as managing bills, posting letters, or organising paperwork
- Light meal preparation, snacks and drinks

In addition to providing long-term home care, we also offer support for ad hoc visits when needed. While we strive to accommodate all requests, this is subject to staff availability at the time – with our services running Monday to Friday, 9am to 5pm.

You can be confident that all our staff are carefully selected, highly trained, and fully committed to delivering the highest standard of care.



Age UK West Sussex, Brighton & Hove services have been awarded a 'Good' rating from the Care Quality Commission.



Care at Home

How do I access this service?

It's easy to make a referral.

When you register for our services, we begin by assessing your individual needs and preferences to create a tailored care plan that suits you.

This could range from a minimum of a one-hour visit per week to more frequent support, depending on your requirements.



How we'll support you

Our team provides personalised, practical assistance to meet your immediate needs.

Whether it's help with personal care, meal preparation or companionship, we're here to support you in managing daily activities and enhancing your quality of life.

Our team can also provide compassionate care and respite for caregivers, giving you peace of mind that your loved ones are well cared for.

To find out more about Care at Home services, contact us:



01903 792015



care@ageukwsbh.org.uk



www.ageukwsbh.org.uk

For more details

If you or someone you know could benefit from our Care at Home services, please get in touch.

We're here to support you in maintaining independence, comfort, and peace of mind at home. Our compassionate care is just a phone call away.



01903 792015



care@ageukwsbh.org.uk



www.ageukwsbh.org.uk



We have a wide range of other services available, including:



Help at Home service

If you just need a little extra help around the home, we can provide you with a trusted home help to meet your needs.

Our Help at Home service offers a reliable, high-quality, domestic cleaning service.



01903 726276